

Allergen Information Owen Brothers Catering

This information is provided to enable our clients to make their own decisions on menu choice. The information is based on the standard garnishes and accompaniments included on the menu.

The allergen data is based on recipe information and supplier specifications. However, within our kitchen we do use nuts, eggs, shellfish, milk and gluten containing products and it is impossible to fully guarantee the separation of these items in storage, preparation or cooking.

Any bread or breaded product may contain nuts, sesame seeds or poppy seeds as a result of cross contamination during the baking process.

Nut allergies – we cannot safely make any promise 'regarding guaranteed' nut free meals due to the nature of our business and supply chain cross contamination risks.

Wheat and gluten ingredients which are deep fried will use the same fryers in our kitchens as dishes not containing these ingredients and whilst there may be minimal risk of cross contamination we cannot totally guarantee the absence of wheat or gluten, which may therefore affect extremely sensitive sufferers.

Please continue to email us to confirm any items you are concerned about.

We review and republish the allergen data available to us regularly (bi-monthly) but the circumstances in which a product is made, packaged, stored and distributed may change without our knowledge.

The information is compiled from information received directly from suppliers and is subject to change.

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NAME	CEREALS CONTAINING GLUTEN	CRUSTACEANS, FOR EXAMPLE PRAWNS, CRABS, LOBSTER AND CRAYFISH	EGGS	FISH	PEANUTS	SOYBEANS	MILK	NUTS, SUCH AS ALMONDS, HAZELNUTS, WALNUTS, PECAN NUTS, BRAZIL NUTS, PISTACHIO, CASHEW AND MACADAMIA, (QUEENSLAND) NUTS	CELERY (AND CELERIAC)	MUSTARD	SESAME	SULPHUR DIOXIDE, WHICH IS A PRESERVATIVE FOUND IN SOME DRIED FRUIT	LUPIN	MOLLUSCS, FOR EXAMPLE CLAMS, MUSSELS, WHELKS, OYSTERS, SNAILS AND SQUID
Large Bowl of Beetroot, Feta & Tomato Salad	NO	NO	NO	NO	NO	NO	YES	NO	NO	NO	NO	NO	NO	NO
'We Lurve Sushi Platter'	NO	YES	NO	YES	NO	YES	NO	NO	YES	YES	YES	NO	NO	NO
A Basket of The Freshest Fruit	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO
A Selection of 6 Cocktail Tartlettes	YES	YES	YES	YES	YES	YES	YES	YES	YES	YES	YES	NO	NO	NO
A Selection of Cookies	YES	NO	YES	NO	NO	NO	YES	NO	NO	NO	NO	NO	NO	NO
A Selection of Nachos, Crisps and Pringles	YES	NO	NO	NO	NO	YES	YES	NO	YES	YES	NO	NO	NO	NO
A Selection of Nibbles & Olives	YES	NO	NO	NO	NO	YES	YES	YES	YES	YES	NO	NO	NO	NO
Afternoon Tea Sandwiches	YES	NO	YES	YES	NO	NO	YES	NO	YES	YES	NO	NO	NO	NO
Apple & Rhubarb Crumble with Creme Anglaises	YES	NO	NO	NO	NO	NO	YES	NO	NO	NO	NO	NO	NO	NO
Apple Juice	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO
Aromatic Crispy Duck Pancakes	YES	NO	YES	NO	NO	YES	YES	NO	YES	YES	YES	NO	NO	NO
Artisan Classics	YES	YES	YES	YES	YES	YES	YES	YES	YES	YES	YES	YES	NO	NO
Asparagus Spears with Lemon and Honey Dressing Shaved Parmesan	NO	NO	NO	NO	NO	NO	YES	NO	NO	YES	NO	NO	NO	NO
Assorted Mini Macaroons	YES	NO	YES	NO	NO	YES	NO	YES	NO	NO	NO	NO	NO	NO
Assured Farmed Breast of Chicken Chasseur on Rice	NO	NO	NO	NO	NO	YES	NO	NO	YES	YES	YES	NO	NO	NO
Avocado with Crab Mayonnaise on Potato Salad	NO	YES	YES	NO	NO	NO	NO	NO	YES	YES	NO	NO	NO	NO
Baby Jacket Potato filled with British Cheddar Cheese	NO	NO	NO	NO	NO	NO	YES	NO	NO	NO	NO	NO	NO	NO
Baby Mozzarella & Tomato Skewers	NO	NO	NO	NO	NO	YES	YES	NO	NO	YES	YES	NO	NO	NO
Baby Open Scones with Cream & Conserve	YES	NO	YES	NO	NO	YES	YES	NO	NO	NO	YES	NO	NO	NO
Bacon Rolls	YES	NO	NO	NO	NO	NO	NO	NO	YES	NO	NO	NO	NO	NO
Banoffee Pie	YES	NO	YES	NO	NO	YES	YES	NO	NO	NO	NO	NO	NO	NO
Belgium Chocolate Tart	YES	NO	YES	NO	NO	YES	YES	NO	NO	NO	NO	NO	NO	NO
Black Forest Cake	YES	NO	YES	NO	NO	NO	YES	NO	NO	NO	NO	NO	NO	NO
Blackcurrant Delice	YES	NO	YES	NO	NO	YES	YES	NO	NO	NO	NO	NO	NO	NO
Breakfast Baguette Selection	YES	NO	YES	YES	NO	YES	NO	NO	NO	YES	YES	YES	NO	NO
Breakfast Open Mini Bagels	YES	NO	YES	YES	NO	YES	YES	NO	NO	YES	NO	YES	NO	NO
Brochettes of Chicken and Red Pepper with Thai Seasoning.	NO	NO	NO	NO	NO	YES	NO	NO	YES	YES	YES	NO	NO	NO
Brochettes of Roasted Vegetables with Hoisin Sauce.	NO	NO	NO	NO	NO	YES	NO	NO	YES	YES	YES	NO	NO	NO
Cajun Spiced Chicken with Avocado	NO	NO	NO	NO	NO	YES	NO	NO	YES	YES	NO	NO	NO	NO
Cajun Spiced Chicken with soft noodles	YES	NO	YES	NO	NO	YES	NO	NO	NO	YES	YES	NO	NO	NO
Campagnola Marinated Green Olives	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	YES	NO	NO
Carpaccio of Beef with Black Olive Tapenade, rocket & parmesan	YES	NO	NO	NO	NO	YES	YES	NO	YES	NO	NO	YES	NO	NO
Carrot & Coriander Soup with Fresh Bread Rolls	YES	NO	NO	NO	NO	YES	YES	NO	YES	YES	YES	NO	NO	NO
Carrot & walnut square	YES	NO	YES	NO	NO	NO	YES	YES	NO	NO	NO	NO	NO	NO
Carrot Cake Triangles	YES	NO	YES	NO	NO	YES	YES	YES	NO	NO	NO	NO	NO	NO
Char Grilled Chicken Caesar Salad	YES	NO	YES	NO	NO	YES	YES	NO	YES	YES	NO	NO	NO	NO
Char-Grilled Chicken Caesar with Smoked Crispy Bacon	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO
Chicken Stir Fry in Crisp Pastry Cup	YES	NO	YES	NO	YES	YES	YES	NO	YES	YES	YES	NO	NO	NO
Chicken Tikka Brochettes with Coriander	NO	NO	NO	NO	NO	NO	NO	NO	NO	YES	NO	NO	NO	NO
Chicken Tikka with Mango Chutney and coriander	YES	NO	NO	NO	NO	YES	NO	NO	YES	YES	NO	YES	NO	NO
Chocolate & Raspberry Cake	YES	NO	YES	NO	NO	NO	YES	NO	NO	NO	NO	NO	NO	NO
Chocolate Brownies	YES	NO	YES	NO	NO	NO	YES	YES	NO	NO	NO	NO	NO	NO
Chocolate Duo Torte	YES	NO	YES	NO	NO	YES	YES	NO	NO	NO	NO	NO	NO	NO

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Chocolate Truffle Torte®	YES	NO	YES	NO	NO	YES	YES	NO	NO	NO	NO	NO	NO	NO
Christmas Colourful Canape Selection	YES	YES	YES	YES	YES	NO	YES	YES	YES	YES	YES	NO	NO	NO
Christmas Cupcake Selection	YES	NO	YES	NO	NO	NO	YES	YES	NO	NO	NO	NO	NO	NO
Christmas in a Bowl	YES	NO	NO	NO	NO	YES	NO	NO	YES	YES	NO	YES	NO	NO
Christmas Mini Mince Pies	YES	NO	YES	NO	NO	YES	YES	NO	NO	NO	NO	YES	NO	NO
Christmas Mulled Wine	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO
Christmas Sandwich Selection	YES	YES	YES	YES	YES	NO	YES	NO	NO	YES	NO	NO	NO	NO
Classic Cheeseboard	YES	NO	YES	NO	NO	YES	YES	YES	YES	YES	NO	YES	NO	NO
Classic Lemon Tarte	YES	NO	YES	NO	NO	YES	YES	NO	NO	NO	NO	NO	NO	NO
Colourful Crudities	NO	NO	NO	NO	NO	NO	YES	NO	YES	YES	YES	NO	NO	NO
Continental Charcuterie Platter	YES	NO	NO	NO	NO	NO	YES	NO	YES	YES	YES	YES	NO	NO
Coq Au Vin with a Taragon Mash	NO	NO	NO	NO	NO	YES	YES	NO	YES	YES	NO	NO	NO	NO
Courgette Wrap filled with Roasted Vegetables	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO
Crayfish with Sun Blush Tomato.	NO	YES	NO	NO	NO	NO	NO	NO	NO	YES	NO	YES	NO	NO
Cream Cheese with Tomato Tapenade and Asparagus Spears	YES	NO	NO	NO	NO	YES	YES	NO	NO	YES	NO	NO	NO	NO
Creme Brule with Fresh Raspberries	NO	NO	YES	NO	NO	NO	YES	NO	NO	NO	NO	NO	NO	NO
Creme Brulee in a dark Chocolate cup	YES	NO	YES	NO	NO	YES	YES	NO	NO	NO	NO	NO	NO	NO
Creme Brulee with fresh raspberries	YES	NO	YES	NO	NO	YES	YES	NO	NO	NO	NO	NO	NO	NO
Crostini of Goats Cheese with Red Onion Marmalade	YES	NO	NO	NO	NO	NO	YES	NO	NO	NO	NO	NO	NO	NO
Crudities	NO	NO	NO	NO	NO	YES	YES	NO	YES	YES	NO	YES	NO	NO
Decaffeinated - Freshly Ground Coffee	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO
Demi Filled Croissant Selection	YES	NO	YES	YES	NO	NO	YES	NO	NO	YES	NO	NO	NO	NO
Disposable Paper Plates & Serviettes	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO
Dolce Latte with fig Chutney and Grape on Triangle Toast	YES	NO	NO	NO	NO	YES	YES	NO	YES	YES	NO	NO	NO	NO
Duck Confit on triangle toast with Spring Onion	YES	NO	NO	NO	NO	YES	NO	NO	YES	YES	YES	NO	NO	NO
Duck pate with orange and chevril	YES	NO	NO	NO	NO	NO	NO	NO	NO	YES	NO	NO	NO	NO
Eat Natural Bar	NO	NO	NO	NO	YES	YES	YES	YES	NO	NO	NO	NO	NO	NO
Edamame	YES	YES	YES	YES	NO	YES	YES	NO	NO	NO	YES	NO	NO	NO
Ethical Tea	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO
Eton Mess	YES	NO	NO	NO	NO	YES	YES	NO	NO	NO	NO	NO	NO	NO
Eton Mess with a Twist	YES	NO	YES	NO	NO	NO	YES	NO	NO	NO	NO	NO	NO	NO
Fair Trade Ground Filter Coffee	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO
Fairtrade Mango Brochette	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO
Falafel with Mint Yoghurt Dip	YES	NO	YES	NO	NO	YES	YES	NO	YES	YES	YES	NO	NO	NO
Fillet of Beef Bourginon with Rice	NO	NO	NO	NO	NO	NO	NO	NO	YES	YES	NO	YES	NO	NO
Fine Sliced British Meat Selection	YES	NO	NO	NO	NO	YES	YES	NO	YES	YES	YES	YES	NO	NO
Finger Cut Sandwiches	YES	YES	YES	YES	YES	YES	YES	YES	YES	YES	YES	YES	NO	NO
Fish Goujons	YES	NO	YES	YES	NO	YES	YES	NO	YES	YES	YES	YES	NO	NO
Fisherman's Pie finished with a Duchess Potato	NO	NO	YES	YES	NO	YES	YES	NO	YES	YES	NO	NO	NO	NO
French Onion Mini Tartlettes	YES	NO	YES	NO	NO	YES	YES	NO	YES	YES	NO	NO	NO	NO
French Pastry Selection	YES	NO	YES	NO	NO	YES	YES	NO	NO	NO	NO	NO	NO	NO
Fresh Apple Juice	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO
Fresh Bread Rolls with Butter	YES	NO	NO	NO	NO	NO	YES	NO	NO	NO	NO	NO	NO	NO
Fresh Crudities with Dips	NO	NO	NO	NO	NO	NO	YES	NO	YES	YES	NO	NO	NO	NO
Fresh Fruit Salad	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO
Fresh Fruit Skewers	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO

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Fresh Greek Salad	NO	NO	NO	NO	NO	NO	YES	NO	NO	NO	NO	YES	NO	NO
Fresh Orange Juice	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO
Fresh Strawberries with vanilla whipped cream & mint	NO	NO	NO	NO	NO	NO	YES	NO	NO	NO	NO	NO	NO	NO
Glass Bottle of Sparkling Water	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO
Glass Bottle of Still Water	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO
Glass Bottled Soft Drinks	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	YES	NO	NO
Glazed fruit tartlets	YES	NO	YES	NO	NO	NO	YES	NO	NO	NO	NO	NO	NO	NO
Gluten Free - Sweet Chilli Crunchy Brown Rice Crisps	NO	NO	NO	NO	NO	YES	NO	NO	NO	YES	YES	NO	NO	NO
Gluten Free Bakewell Tart	NO	NO	NO	NO	NO	YES	YES	NO	NO	NO	NO	NO	NO	NO
Gluten Free Caramel Shortbread	NO	NO	YES	NO	NO	YES	YES	YES	NO	NO	YES	YES	NO	NO
Gluten Free Sandwiches	NO	YES	YES	YES	YES	YES	YES	NO	NO	YES	YES	NO	NO	NO
Goats Cheese and Salsa on Triangular Toast	YES	NO	NO	NO	NO	YES	YES	NO	YES	YES	NO	NO	NO	NO
Grande Chicken Salad	NO	NO	NO	NO	NO	NO	NO	NO	YES	YES	NO	NO	NO	NO
Grilled Courgette with Red Onion Marmalade	NO	NO	NO	NO	NO	YES	NO	NO	YES	YES	NO	NO	NO	NO
Grilled Vegetarian Skewers with Oriental Marinade	NO	NO	NO	NO	NO	YES	NO	NO	YES	YES	YES	NO	NO	NO
Honey Roasted Vegetables in Tartlet	YES	NO	YES	NO	NO	NO	NO	NO	NO	YES	NO	NO	NO	NO
Hot Bacon Rolls	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO
Hot Sausage Baps	YES	NO	NO	NO	NO	NO	NO	NO	YES	NO	NO	NO	NO	NO
Iced Belgian Buns	YES	NO	YES	NO	NO	YES	YES	NO	NO	NO	NO	NO	NO	NO
Individual Baby Sponge Cakes	YES	NO	YES	NO	NO	YES	YES	NO	NO	NO	NO	NO	NO	NO
Individual Cup Cake Selection	YES	NO	YES	NO	NO	NO	YES	YES	NO	NO	NO	YES	NO	NO
Individual Lemon Tarts	YES	NO	YES	NO	NO	NO	YES	NO	NO	NO	NO	NO	NO	NO
Individual Prawn with Marie Rose Sauce, Red Pepper & Dill	YES	YES	YES	NO	NO	YES	YES	NO	YES	YES	NO	NO	NO	NO
Italian Bruschetta with sundried tomato, mint oil, pine nuts and basil	YES	NO	NO	NO	NO	YES	YES	YES	YES	YES	NO	NO	NO	NO
King Prawn Cocktail with Sun Blush Tomato on a Bed of Mixed Leaves & Chives	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO
King Prawn Tempura with Sweet Chilli Dip	YES	YES	YES	NO	NO	YES	YES	NO	YES	YES	YES	NO	NO	NO
King Prawns with Plum Sauce	YES	YES	YES	NO	NO	YES	YES	NO	YES	YES	YES	NO	NO	NO
Lamb Kofta with Raita	YES	NO	NO	NO	NO	YES	NO	NO	YES	YES	YES	NO	NO	NO
Lamb Mousaka with Chopped Aubergines	NO	NO	YES	NO	NO	NO	YES	NO	YES	YES	NO	NO	NO	NO
Large Bowl Home Made Coleslaw with Grated Cheese	NO	NO	YES	NO	NO	NO	YES	NO	NO	YES	NO	NO	NO	NO
Large Bowl of Camargue Red Rice Salad	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO
Large Bowl of Chicory with Orange Salad	NO	NO	NO	NO	NO	NO	NO	NO	YES	NO	NO	NO	NO	NO
Large Bowl of Chinese Noodle Salad	YES	NO	YES	NO	NO	YES	YES	NO	YES	YES	YES	NO	NO	NO
Large Bowl of Fresh Greek Salad with Kalamata Olives	NO	NO	NO	NO	NO	NO	YES	NO	NO	NO	NO	YES	NO	NO
Large Bowl of Fresh Green Salad	NO	NO	NO	NO	NO	NO	YES	NO	NO	NO	NO	YES	NO	NO
Large Bowl of Fresh Rocket with Shaved Parmesan	NO	NO	NO	NO	NO	NO	YES	NO	NO	NO	NO	NO	NO	NO
Large Bowl of Gem Lettuce with Shaved Parmesan & Croutons	YES	NO	NO	NO	NO	NO	YES	NO	NO	NO	NO	NO	NO	NO
Large Bowl of Home-made Coleslaw	NO	NO	YES	NO	NO	NO	NO	NO	NO	YES	NO	NO	NO	NO
Large Bowl of Lemon Cous Cous Salad with Sparkling Pomegranate	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO
Large Bowl of Mixed Bean Salad with Avocado & Red Onion	NO	NO	NO	NO	NO	NO	NO	NO	YES	YES	NO	YES	NO	NO
Large Bowl of Mixed Salad	NO	NO	NO	NO	NO	YES	NO	NO	YES	YES	NO	NO	NO	NO
Large Bowl of New Potato Salad with Spring Onion	NO	NO	YES	NO	NO	NO	NO	NO	YES	YES	NO	NO	NO	NO
Large Bowl of Roasted Mushroom & Grilled Courgette Salad	NO	NO	NO	NO	NO	YES	NO	NO	YES	YES	YES	YES	NO	NO
Large Bowl of Roasted Vegetable Salad	NO	NO	NO	NO	NO	NO	NO	NO	YES	YES	NO	NO	NO	NO

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Large Bowl of Sweetcorn & Pimento Salad	NO	NO	NO	NO	NO	NO	NO	NO	YES	YES	NO	NO	NO	NO
Large Bowl of Tomato & Cucumber Salad	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO
Large Bowl of Tomato, Avocado & Artichoke Salad	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	YES	NO	NO
Large Bowl of Vintage Tomato Salad	NO	NO	NO	NO	NO	NO	NO	NO	YES	YES	NO	NO	NO	NO
Leek & Potato Soup with Fresh Bread Rolls	YES	NO	NO	NO	NO	YES	YES	NO	YES	YES	YES	NO	NO	NO
Lemon Chicken with Chervil on Walnut Toast	YES	NO	NO	NO	NO	YES	YES	YES	YES	YES	NO	NO	NO	NO
Lemon Cream on Almond Pistachio Base	YES	NO	YES	NO	NO	NO	YES	YES	NO	NO	NO	NO	NO	NO
Lemon Meringue	YES	NO	YES	NO	NO	YES	YES	NO	NO	NO	NO	NO	NO	NO
Lemon Sole Goujons with Tartare Sauce	YES	NO	YES	YES	NO	YES	YES	NO	YES	YES	YES	YES	NO	NO
Lemon Sole with Dauphinoise Potato and Trout Mousse	YES	NO	YES	YES	NO	YES	YES	NO	YES	YES	NO	NO	NO	NO
Light Cream Cheese with Tomato Tapenade with Asparagus and Olive Garnish on croute	YES	NO	NO	NO	NO	YES	YES	NO	YES	YES	NO	YES	NO	NO
Little Fruit Tartlettes	YES	NO	NO	NO	NO	NO	YES	NO	NO	NO	NO	NO	NO	NO
Lobster Medallion with Asparagus and Keta	NO	YES	YES	YES	NO	YES	YES	NO	YES	YES	NO	NO	NO	NO
Loin of Seared Tuna & Egg Salad	NO	NO	YES	YES	NO	NO	NO	NO	YES	YES	NO	NO	NO	NO
Luxury Muffin Selection	YES	NO	YES	NO	NO	NO	YES	YES	NO	NO	NO	NO	NO	NO
Luxury Seasonal Fruit Platter	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO
Madagascar Vanilla Swirled Christmas Mini Mince Pies	YES	NO	YES	NO	NO	YES	YES	NO	NO	NO	NO	YES	NO	NO
Malaysian Chicken Salad	NO	NO	NO	NO	YES	YES	YES	NO	YES	YES	YES	NO	NO	NO
Malaysian Chicken Skewer	NO	NO	NO	NO	YES	YES	NO	NO	YES	YES	YES	NO	NO	NO
Mango & Passion Fruit Delice	YES	NO	YES	NO	NO	YES	YES	NO	NO	NO	NO	NO	NO	NO
Mango Creme Brulee	NO	NO	YES	NO	NO	NO	YES	NO	NO	NO	NO	NO	NO	NO
Mango Pannacotta	YES	NO	YES	NO	NO	NO	YES	NO	NO	NO	NO	NO	NO	NO
Meat Platter	NO	NO	NO	NO	NO	YES	YES	NO	YES	YES	YES	YES	NO	NO
Mediterranean Roasted Vegetables with Penne Pasta	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO
Mini Bowl of Posh Crisps	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO
Mini Canape Pizzas	YES	NO	YES	NO	NO	YES	YES	NO	YES	YES	NO	NO	NO	NO
Mini Cheeseburgers with Tomato Relish	YES	NO	YES	NO	NO	YES	YES	NO	YES	YES	YES	YES	NO	NO
Mini Cheesecake Shots	YES	NO	NO	NO	NO	NO	YES	NO	NO	NO	NO	NO	NO	NO
Mini Chocolate Brownie	YES	NO	YES	NO	NO	YES	YES	YES	NO	NO	NO	NO	NO	NO
Mini Crab Cakes with Sweet Chilli	YES	YES	YES	YES	NO	YES	YES	NO	YES	YES	YES	NO	NO	NO
Mini Croissants	YES	NO	YES	NO	NO	NO	YES	NO	NO	NO	NO	NO	NO	NO
Mini Danish Pastries	YES	NO	YES	NO	NO	NO	YES	YES	NO	NO	YES	NO	NO	NO
Mini Fresh Fruit Tart	YES	NO	YES	NO	NO	YES	YES	NO	NO	NO	NO	NO	NO	NO
Mini Fruit Doughnuts with Belgian Chocolate Dip	YES	NO	NO	NO	NO	YES	YES	NO	NO	NO	NO	NO	NO	NO
Mini Greek Salad with Feta Cheese and Black Olives	NO	NO	NO	NO	NO	NO	YES	NO	NO	YES	NO	YES	NO	NO
Mini Indian Savoury Vegetarian Selection	YES	NO	YES	NO	NO	YES	YES	NO	YES	YES	YES	NO	NO	NO
Mini Leek & Gruyere Tartlettes	YES	NO	YES	NO	NO	YES	YES	NO	YES	YES	NO	NO	NO	NO
Mini Mozzarella with Sunblush Penne Pasta & Fresh Basil	YES	NO	NO	NO	NO	NO	YES	NO	NO	YES	NO	NO	NO	NO
Mini Open Sandwich Selection	YES	YES	YES	YES	YES	YES	YES	NO	NO	YES	YES	YES	NO	NO
Mini Pistachio Eclairs	YES	NO	YES	NO	NO	YES	YES	YES	NO	NO	NO	NO	NO	NO
Mini Premiere Cake Selection	YES	NO	YES	NO	NO	NO	YES	YES	NO	NO	NO	YES	NO	NO
Mini Shepherds Pie with a hint of mint jelly	YES	NO	NO	NO	NO	YES	NO	NO	YES	NO	NO	NO	NO	NO
Mini Sushi Platter with Wasabi, Ginger, Pickle & Chopsticks	YES	YES	YES	YES	NO	YES	NO	NO	YES	YES	NO	NO	NO	NO
Mini Tartlettes of Goats Cheese with Red Onion Marmalade	YES	NO	YES	NO	NO	YES	YES	NO	YES	YES	NO	NO	NO	NO
Mini Tartlettes of Prawn Coronation	YES	YES	YES	NO	NO	YES	YES	NO	NO	YES	NO	YES	NO	NO
Mini Thai Style Savouries	YES	NO	YES	YES	NO	YES	YES	NO	YES	YES	YES	NO	NO	NO

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Mini Viennoiserie Pastries	YES	NO	YES	NO	NO	NO	YES	NO	NO	NO	NO	NO	NO	NO
Mini Welsh Rarebits with Chopped Red Peppers	YES	NO	NO	NO	NO	NO	YES	NO	YES	YES	NO	NO	NO	NO
Mini Wrapped Sesame Pancake Filled with Thai Style Vegetables	YES	NO	NO	YES	YES	YES	YES	NO	YES	YES	YES	NO	NO	NO
Mini Yorkshire Puddings with Roast Beef	YES	NO	YES	NO	NO	YES	YES	NO	YES	YES	NO	NO	NO	NO
Miniature Lemon Tart	YES	NO	YES	NO	NO	YES	YES	NO	NO	NO	NO	NO	NO	NO
Mixed Pepper Provencale on Crostini	YES	NO	NO	NO	NO	YES	NO	NO	YES	YES	NO	NO	NO	NO
Mixed Sweet Platter	YES	NO	YES	NO	YES	YES	YES	YES	YES	NO	NO	NO	NO	NO
Monkfish on a Minted Pea Puree with Beetroot Cress	NO	NO	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO
Mozarella with Sun Blush Tomato on Crostini	YES	NO	NO	NO	NO	NO	YES	YES	YES	YES	NO	YES	NO	NO
Mozzarella Salad with Farm Assured Chicken	NO	NO	NO	NO	NO	NO	YES	NO	YES	NO	NO	NO	NO	NO
Mozzarella, Pasta & Tomato Salad	YES	NO	NO	NO	NO	NO	YES	NO	YES	YES	NO	NO	NO	NO
North African Spiced Chicken with Apricot on Mini Naan Bread	YES	NO	NO	NO	NO	YES	YES	NO	YES	YES	YES	YES	NO	NO
Oak Smoked Salmon Salad with Prawns	NO	YES	NO	YES	NO	NO	NO	NO	YES	YES	NO	NO	NO	NO
Onion Bahjis with Mango Chutney	YES	NO	YES	NO	NO	YES	YES	NO	YES	YES	YES	NO	NO	NO
Onion Bhajis	YES	NO	YES	NO	NO	YES	YES	NO	YES	YES	YES	NO	NO	NO
Open Lunch Bagels	YES	YES	YES	YES	NO	NO	YES	NO	NO	YES	NO	NO	NO	NO
Open Scones with Strawberry Conserve and Cream	YES	NO	YES	NO	NO	NO	YES	NO	NO	NO	NO	YES	NO	NO
Open Scones with Strawberry Jam and Clotted Cream	YES	NO	YES	NO	NO	NO	YES	NO	NO	NO	NO	NO	NO	NO
Orange Juice	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO
Organic Honey with Low Fat Greek Yoghurt & Granola	YES	NO	NO	NO	NO	NO	YES	YES	NO	NO	NO	NO	NO	NO
Organic Pork Chipolatas with a mild mustard dip	YES	NO	NO	NO	NO	YES	YES	NO	YES	YES	NO	NO	NO	NO
Organic Salmon Rolls	NO	NO	NO	YES	NO	YES	NO	NO	NO	NO	YES	NO	NO	NO
Oriental Beef Salad with Mango	NO	NO	NO	NO	NO	YES	NO	NO	YES	NO	YES	NO	NO	NO
Oven Baked Chicken Goujons	YES	NO	YES	NO	NO	YES	YES	NO	NO	NO	NO	NO	NO	NO
Parcel of Smoked Salmon filled with fresh Crab	NO	YES	NO	YES	NO	NO	YES	NO	YES	YES	NO	NO	NO	NO
Parma Ham with Black Olive tapanade and parmesan on ciabatta	YES	NO	NO	NO	NO	YES	YES	NO	YES	YES	YES	NO	NO	NO
Passion fruit & Mandarin Tart	YES	NO	YES	NO	NO	YES	YES	NO	NO	NO	NO	NO	NO	NO
Pasta Chicken Salad	YES	NO	NO	NO	NO	YES	NO	NO	YES	YES	NO	NO	NO	NO
Pastrami with sunblush tomato and Capers	YES	NO	NO	YES	NO	NO	NO	NO	YES	YES	NO	NO	NO	NO
Pigs in Blankets	YES	NO	NO	NO	NO	YES	NO	NO	NO	YES	NO	NO	NO	NO
Platter of biscuits	YES	NO	YES	NO	NO	NO	YES	NO	NO	NO	NO	NO	NO	NO
Platter of mini Danish pastries	YES	NO	YES	NO	NO	YES	YES	NO	NO	NO	NO	NO	NO	NO
Poached Salmon on a Watercress Salad with a Light Citrus mayonnaise	NO	NO	YES	YES	NO	NO	NO	NO	NO	YES	NO	NO	NO	NO
Prawn and Crayfish Cocktail with Keta & Cognac Marie Rose	NO	YES	YES	YES	NO	NO	NO	NO	YES	YES	NO	NO	NO	NO
Premiere Afternoon Tea Selection	YES	NO	YES	NO	NO	YES	YES	YES	NO	NO	NO	NO	NO	NO
Premiere Seafood Platter	NO	YES	NO	YES	NO	YES	YES	NO	YES	YES	YES	NO	NO	NO
Premium Sandwiches	YES	YES	YES	YES	YES	YES	YES	YES	YES	YES	YES	YES	NO	NO
Quail egg with Cherry Tomato and Tomato Chutney on Bread	YES	NO	YES	NO	NO	YES	NO	NO	YES	YES	NO	YES	NO	NO
Quail Egg with Dill Sauce on Crostini	YES	NO	YES	NO	NO	YES	YES	NO	YES	YES	YES	NO	NO	NO
Rare Beef & Celeric Remoulade on Toasted Croute	YES	NO	NO	NO	NO	NO	NO	NO	YES	NO	NO	NO	NO	NO
Rare Fillet of Lamb with Lime Pickle on Rice Cake	NO	NO	NO	NO	NO	NO	YES	YES	NO	YES	YES	YES	YES	NO
Raspberry Torte	YES	NO	YES	NO	NO	YES	YES	NO	NO	NO	NO	NO	NO	NO
Ratatouille with Garlic Crostini	YES	NO	NO	NO	NO	NO	NO	NO	YES	NO	NO	NO	NO	NO
Red Snapper and Thai Vegetables on Crostini	YES	NO	NO	YES	NO	YES	NO	NO	YES	YES	YES	NO	NO	NO
Rice Box & Tofu	NO	NO	NO	NO	NO	YES	NO	NO	YES	YES	YES	NO	NO	NO

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Risotto of Wild Mushroom	YES	NO	YES	NO	NO	NO	YES	NO	YES	YES	NO	NO	NO	NO
Roasted Mediterranean Vegetable Soup with Fresh Bread Rolls	YES	NO	NO	NO	NO	NO	YES	NO	YES	YES	YES	YES	NO	NO
Roasted Salmon Brochettes	NO	NO	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO
Roasted Skewers of Wild Salmon with Penne Pasta	YES	NO	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO
Roasted Vegetarian Tartlettes	YES	NO	YES	NO	NO	YES	YES	NO	YES	YES	YES	NO	NO	NO
Rose of Smoked Salmon with Dill and cracked black pepper	YES	NO	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO
Rose of smoked salmon with keta and creme fraiche on blini	YES	NO	YES	YES	NO	NO	YES	NO	YES	YES	NO	NO	NO	NO
Royal Victoria Sponge	YES	NO	YES	NO	NO	YES	YES	NO	NO	NO	NO	YES	NO	NO
Rustica Marinated Black Olives	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	YES	NO	NO
Salad Nicoise	NO	NO	YES	YES	NO	NO	NO	NO	NO	YES	NO	YES	NO	NO
Salmon Florentine with Rustic Carrots baked with Red Onions	NO	NO	YES	YES	NO	YES	YES	NO	YES	YES	NO	NO	NO	NO
Sausage and Mash with Grape Mustard & Red Onion Confit	YES	NO	NO	NO	NO	YES	YES	NO	YES	YES	YES	YES	NO	NO
Sausages with Mash and caramelized Shallot Gravy	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO
Sawadee Tempura King Prawns	YES	YES	YES	YES	NO	YES	YES	NO	NO	NO	NO	NO	NO	NO
Scallops with pea and mint puree on a potato rosti	NO	NO	YES	NO	NO	NO	YES	NO	YES	YES	NO	NO	NO	YES
Scottish Smoked Salmon with Citrus Mayonnaise and Dill.	NO	NO	YES	YES	NO	NO	NO	NO	NO	YES	NO	NO	NO	NO
Seared Lamb with Rosemary and Vegetable Cous Cous	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO
Seared Tuna on a Bed of Mixed Leaves with Spring Onion and Baby Tomatoes	NO	NO	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO
Seasonal Berries with Low Fat Greek Yoghurt & Granola	YES	NO	NO	NO	NO	NO	YES	YES	NO	NO	NO	NO	NO	NO
Seasonal Fairtrade Fruit Platter	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO
Selection of cake bars	YES	NO	YES	NO	NO	YES	YES	YES	NO	NO	NO	YES	NO	NO
Selection Of Canned Drinks	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO
Selection of Mini Filled Muffins	YES	NO	YES	NO	NO	NO	YES	YES	NO	NO	NO	YES	NO	NO
Sesame Prawn Toast Triangles	YES	YES	YES	NO	NO	YES	NO	NO	YES	YES	YES	NO	NO	NO
Smoked Duck with Redcurrant Jelly	YES	NO	NO	NO	NO	YES	YES	NO	YES	YES	NO	NO	NO	NO
Smoked Salmon Blinis with Light Cream Cheese and Chives	YES	NO	NO	YES	NO	YES	YES	NO	NO	YES	NO	NO	NO	NO
Smoked Salmon with Lemon and Caviar	YES	NO	YES	YES	NO	NO	NO	NO	NO	YES	NO	NO	NO	NO
South Asian Chicken Curry with Basmati Rice and Mango Chutney	NO	NO	NO	NO	NO	YES	NO	NO	NO	YES	NO	NO	NO	NO
South Indian Vegetable Curry with plain rice and mini popadums	YES	NO	NO	NO	NO	YES	NO	NO	YES	YES	YES	NO	NO	NO
Spanish Chorizo with Mash Potato and Red Onion	YES	NO	NO	NO	NO	YES	YES	NO	YES	YES	NO	YES	NO	NO
Speciality Wraps Selection	YES	YES	YES	YES	YES	YES	YES	YES	YES	YES	YES	YES	NO	NO
Steak and Kidney Pie	YES	NO	YES	NO	NO	YES	YES	NO	YES	YES	NO	NO	NO	NO
Sticky Toffee Pudding with clotted cream	YES	NO	YES	NO	NO	NO	YES	YES	NO	NO	NO	YES	NO	NO
Strawberry & Fruit Brochettes	YES	NO	NO	NO	NO	YES	YES	NO	NO	NO	NO	NO	NO	NO
Strawberry & Marshmallow Skewers	NO	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO
Strawberry Brochettes with Chocolate Dip	YES	NO	NO	NO	NO	YES	YES	NO	NO	NO	NO	NO	NO	NO
Strawberry Granola Pot	YES	NO	NO	NO	NO	NO	YES	NO	NO	NO	NO	NO	NO	NO
Strawberry marshmallow skewers dipped in Belgian chocolate	YES	NO	YES	NO	NO	NO	YES	NO	NO	NO	NO	NO	NO	NO
Strips of Roast Beef with Nicoise Salad	NO	NO	YES	NO	NO	YES	NO	NO	NO	YES	NO	NO	NO	NO
Sweet Chilli chicken with Ginger on Mini Naan Bread	YES	NO	NO	NO	NO	YES	YES	NO	YES	YES	NO	YES	NO	NO
Sweet Potato Duchess	YES	NO	YES	NO	NO	YES	YES	NO	YES	YES	NO	NO	NO	NO
Tandoori Chicken with Mint Cous Cous	YES	NO	NO	NO	NO	YES	NO	NO	YES	YES	NO	NO	NO	NO
Tartlet of Blue Cheese with Pear and Walnuts	YES	NO	YES	NO	NO	YES	YES	YES	YES	YES	NO	NO	NO	NO

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Tartlettes of Mozzarella, Tomato Tapenade with Black Olives and Fresh Basil.	YES	NO	NO	NO	NO	YES	YES	NO	YES	YES	NO	NO	NO	NO
Teriyaki Salmon with Soft Noodles	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO
Thai Green King Prawn Curry on a bed of fragrant Rice with Coriander	NO	YES	NO	NO	YES	YES	YES	NO	YES	YES	YES	NO	NO	NO
The Akana	YES	YES	YES	YES	NO	YES	YES	NO	NO	NO	YES	NO	NO	NO
The Blue Garnet	YES	YES	YES	YES	YES	YES	YES	YES	YES	YES	YES	YES	NO	NO
The Christmas Working Lunch	YES	YES	YES	YES	YES	YES	YES	YES	YES	YES	YES	YES	NO	NO
The Combination Selection	YES	YES	YES	YES	YES	YES	YES	YES	YES	YES	YES	YES	NO	NO
The Diamond	YES	YES	YES	YES	YES	YES	YES	YES	YES	YES	YES	YES	NO	NO
The Emerald	YES	YES	YES	YES	YES	YES	YES	YES	YES	YES	YES	YES	NO	NO
The Gluten Free Platter	NO	YES	YES	YES	YES	YES	YES	YES	YES	YES	YES	YES	NO	NO
The Great British Selection	YES	YES	YES	YES	YES	YES	YES	YES	YES	YES	YES	YES	NO	NO
The Healthy Option	YES	YES	YES	YES	YES	YES	YES	NO	YES	YES	YES	YES	NO	NO
The Oshino	YES	YES	YES	YES	NO	YES	YES	NO	NO	NO	YES	NO	NO	NO
The Pearl	YES	YES	YES	YES	YES	YES	YES	YES	YES	YES	YES	YES	NO	NO
The Pink Diamond	YES	YES	YES	YES	YES	YES	YES	YES	YES	YES	YES	YES	NO	NO
The Red Emerald	YES	YES	YES	YES	YES	YES	YES	YES	YES	YES	YES	YES	NO	NO
The Ruby	YES	YES	YES	YES	YES	YES	YES	YES	YES	YES	YES	YES	NO	NO
The Sandwich Connoisseur Selection	YES	YES	YES	YES	YES	YES	YES	YES	NO	YES	YES	YES	NO	NO
The Sapphire	YES	YES	YES	YES	YES	YES	YES	YES	YES	YES	YES	YES	NO	NO
The Saroma	YES	YES	YES	YES	NO	YES	YES	NO	NO	NO	YES	NO	NO	NO
The Seasonal Baguette Selection	YES	YES	YES	YES	YES	YES	YES	YES	YES	YES	YES	YES	NO	NO
The Topaz	YES	YES	YES	YES	YES	YES	YES	YES	YES	YES	YES	YES	NO	NO
The Vegan Salad	NO	NO	NO	NO	NO	YES	NO	NO	YES	YES	NO	YES	NO	NO
The Vegetarian	YES	NO	YES	NO	NO	YES	YES	YES	YES	YES	YES	YES	NO	NO
The White Gold	YES	YES	YES	YES	YES	YES	YES	YES	YES	YES	YES	YES	NO	NO
Tiramisu	YES	NO	YES	NO	NO	YES	YES	NO	NO	NO	NO	NO	NO	NO
Tomato & Fresh Basil Soup with Bread Rolls	YES	NO	NO	NO	NO	NO	NO	NO	YES	YES	NO	NO	NO	NO
Tricolor of Smoked Salmon Nori Tower	NO	NO	NO	YES	NO	YES	NO	NO	YES	YES	YES	NO	NO	NO
Tricolore Salad	NO	NO	NO	NO	NO	NO	YES	NO	NO	YES	NO	NO	NO	NO
Trout Mousse & Zest of Lemon on a Herbed Scone	YES	NO	YES	YES	NO	YES	YES	NO	YES	YES	NO	NO	NO	NO
Tuna Nicoise Salad	NO	NO	YES	YES	NO	NO	NO	NO	YES	NO	NO	NO	NO	NO
Two Tone Grape Skewers	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO
Vegetable Spring Rolls	YES	NO	YES	NO	NO	YES	YES	NO	YES	YES	YES	NO	NO	NO
Vegetarian Californian Rolls	NO	NO	NO	NO	NO	YES	NO	NO	YES	YES	YES	NO	NO	NO
Vegetarian Quiche Slices	YES	NO	YES	NO	NO	YES	YES	NO	YES	YES	YES	NO	NO	NO
Vegetarian Samosas With Raitha Yoghurt Dip	YES	NO	YES	NO	NO	YES	YES	NO	YES	YES	YES	NO	NO	NO
Vegetarian South Indian Curry	NO	NO	NO	NO	NO	YES	NO	NO	YES	YES	NO	NO	NO	NO
Vegetarian Spring Rolls	YES	NO	YES	NO	NO	YES	YES	NO	YES	YES	YES	NO	NO	NO
Wheat free / Gluten free individual platters	NO	YES	YES	YES	YES	YES	YES	YES	YES	YES	YES	YES	NO	NO
White Crab Meat with Sweetcorn and Mayonnaise topped with Fresh Chives.	NO	YES	YES	NO	NO	NO	NO	NO	NO	YES	NO	NO	NO	NO
Wild Mushroom Soup with Fresh Bread Rolls	YES	NO	NO	NO	NO	YES	YES	NO	YES	YES	NO	NO	NO	NO
Yum Yums	YES	NO	YES	NO	NO	NO	YES	NO	NO	NO	NO	NO	NO	NO